The burden of Mental Health in the Philippines

3.3 Million Filipinos

or 3.3% of the total population suffer from Depressive Disorders People exposed to disasters have high burden of **PTSD**

3.1 Million Filipinos

population suffer from

Anxiety Disorders

or 3.1% of the total

Mental Health in the Philippines

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ealth

The Republic Act no. 11036 was enacted on 21 June 2018. This is the first mental health act legislation in the Philippines. People can get insurance about mental health. The government prepare a whole framework to implement ideal mental healthcare.

information on current situation about mental health issues in the Philippines with regard to patients and health workers.

Study Settings

Manila: In Touch Community Services, National Center for Mental Health

Leyte: Schistosomiasis Control and Research Hospital, Eastern Visayas Regional Medical Centre



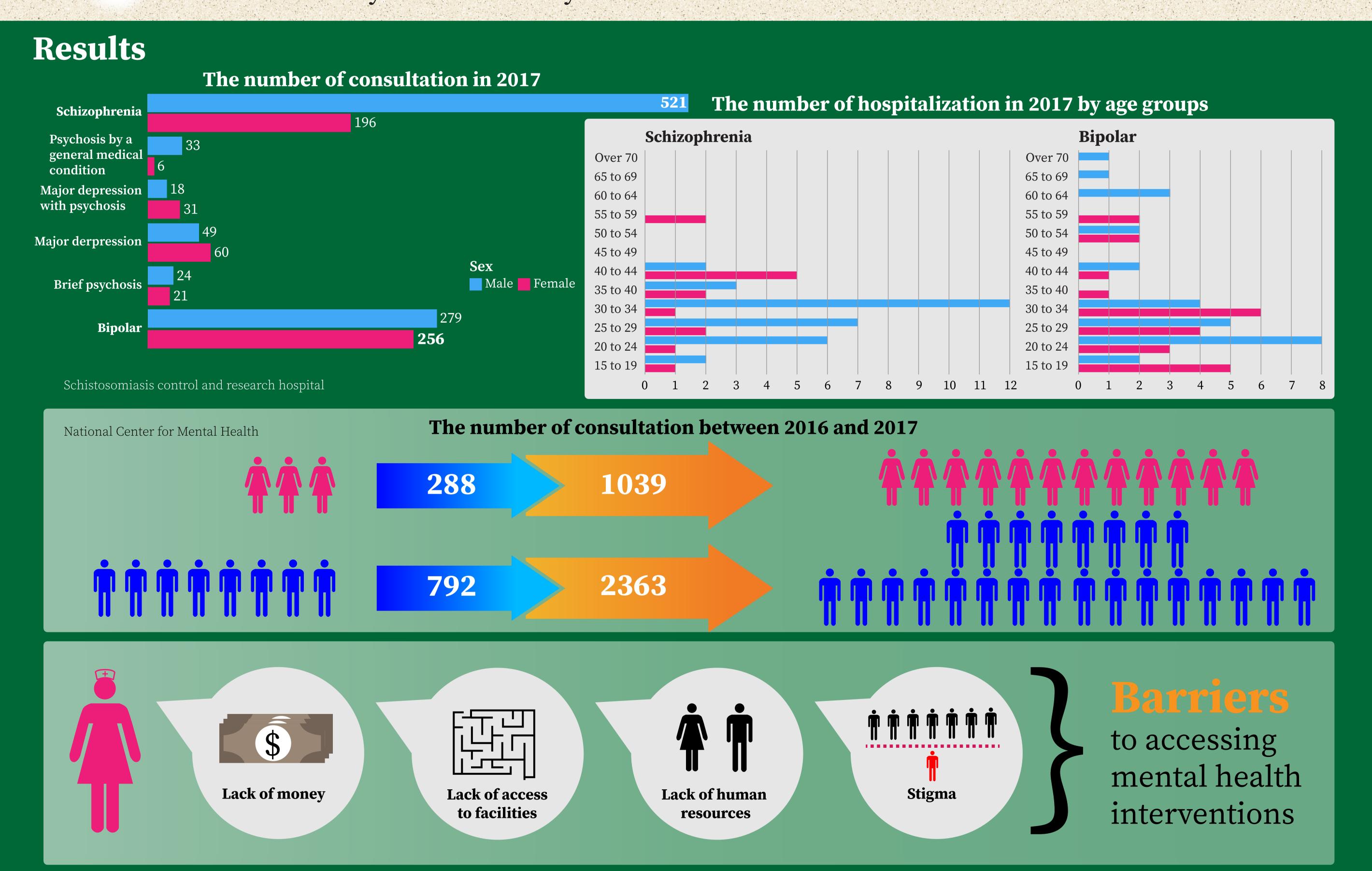
bjectives

- 1. To describe the general characteristics of the patient population in the selected health facilities in Manila and Leyte
- 2. To detail the main barriers to MH interventions from the perspectives of healthcare professionals

Data Collection

Qualitative - semi-structured interviews with healthcare workers (HCWs) working in the MH field, including psychiatrists and the MH coordinator of DOH Region VIII.

Quantitative - secondary data on aspects such as the number of patients with mental illnesses in recent years from facility-based cases.



Conclusion

The Philippines are likely to have continous challenges awaiting them in terms of MH. The burden of MH illnessess and the number of patients seeking consultations are increasing. Barriers still limit access to MH services. However, there have been a reduction in stigma and an increased awareness in MH. Furthermore, the government initiatives from the law may lead to future improvements in the MH situation in the Philippines.